



Keystone Elk Country Alliance
c/o Kristi Reinaker
174 Mt Zion Dr
Danville, PA 17821

Welcome Friends,

We are very excited to invite you to the 3rd Annual ELK (Educating Ladies of KECA) Ladies Day Out Event! This year will be jammed pack with some new and exciting educational sessions like we've never had before. The event will take place on SATURDAY, July 17th, at the Elk Country Visitor Center with the day kicking off at 9AM and wrapping up around 5PM.

If you have never experienced the ELK Ladies Day Out, we would like to provide you with some additional information as well. The ELK Ladies Day Out was created as a response to fill a void with the Keystone Elk Country Alliance. We identified that we did not have an event that was geared specifically for women, and there was definitely a need for one! This event was created to not only bring together women of like minds and interests but also to provide them with life, leisure, and outdoor skills. The day allows women to select different activities to participate in and they enjoy them as a round-robin style event. Throughout the event, we also offer raffles and games of chance, so there's always some great merchandise to take home with you!



Below you will also find a brief description of each session that will be offered during the 3rd Annual Event. Each participant will select their top 10 sessions of choice, and then 5 of those selected will be assigned to them.

The sessions to be offered at the 2021 event are:

- ***Jewelry Making: Feather Earrings with Kelly Ormsby of Turquoise Terrapin.*** Kelly specializes in bold, artisan jewelry with a Southwestern inspiration and this is your opportunity to join Kelly in making fun and funky feather earrings that are sure to be a statement piece!
- ***Elk Basics:*** Ben Porkolab and Russ Wheeler of KECA's Conservation Education Department will introduce facts and information about Elk history, ecology, and behaviors.
- ***Shed Hunting:*** Ben Porkolab, KECA's Conservation Education Coordinator & avid Shed Hunter will share antler information, effective methods, as well as a mock shed hunt with participants.

- ***Self Defense:*** Join Barbara Haversack, local Martial Arts Instructor & 3rd Degree Black belt, in learning how to properly protect yourself with different methods.
- ***Turkey Call Building & Basics:*** Join Russ Wagner, co-owner of Top Calls, in building your own Turkey Slate Call and learning basics on turkey callings.
- ***Snake Identification:*** Mariah Dunsmore, Park Ranger with PA DCNR, will offer an informational session on PA Snakes, how to identify, and a demonstration with Live Snakes!
- ***Birding in PA:*** Dave & Annie Hughes, volunteers & staff with Hawk Mountain Sanctuary, will offer information on identifying varying types of birds found in Pennsylvania, along with a short walk to look for local bird species. *Please bring your own binoculars if you are able, we will have additional pairs but they are limited.*
- ***Reflexology:*** Mariah Dunsmore, licensed Massage Therapist, will walk you through the process of Reflexology including methods of relaxation, stress, anxiety, and pain relief along with the theories behind the process. Great opportunity to learn a new form of self-care!
- ***Habitat Happenings & Tour:*** Join Doty McDowell, Senior Field Director & Habitat Manager, on a guided wagon ride tour of the Elk Country Visitor Center property and Habitat areas. You will learn more about KECA's Habitat projects and the reasonings behind those projects.
- ***Wildlife Painting:*** Mickayla Poland, local artist of PA Made, will be leading a session to bring out your artistic abilities by painting nature and wildlife scenes on a glass. Participants will each design and paint their own glass to take home with them.
- ***Archery:*** Join Cindy Harmon, Brian Crawford, and Ben Porkolab, skilled archery instructors, in learning the basics of archery, you'll have the opportunity to shoot bows, and even test your skills too!
- ***Nature Sketching:*** PA Wildlife Artist, David Hughes, will lead you in a nature walk and show you how to capture nature in its purest forms... paper and pencil.
- ***Hatchet Throwing:*** Back by popular demand! Join Stephanie and Lisa in hurling hatchets and maybe even learn some trick shots too! Participants will learn basics of hatchet and axe throwing and you'll get the opportunity to "relieve a little stress."
- ***Decoy/ Wood Carving:*** Join world class competitive decoy carver, Ross Smoker, as you create your own hand carved decorative duck head. Ross will lead the class in the basics of wood carving, showcase some projects that he has completed, and then show the participants how they can create their own decoy! *This class will involve extremely sharp knives as a precaution.*

Some things to keep in mind for the event... The ELK Ladies Day Out is held rain or shine, so please be prepared for the weather! We will have plenty of water on hand to help us cope with the July weather as well. There will be limited walking between sessions but if you are in need of assistance, we can offer transportation between sessions.

The goal of this event is for our participants to have fun, experience new things, and come away with some great new knowledge! We strive to provide a relaxing environment where all can feel comfortable with learning and make the most of the day. If you have any questions or concerns, please feel free to reach out to Kristi at kcafd@keystoneelkcountryalliance.com or 570-412-4147.

We look forward to seeing you in Elk Country!

Kristi Reinaker

Field Director, Keystone Elk Country Alliance

